

SPICE IT UP FOR A GLOWING FACE!

Widely used in Hungarian cuisine, Paprika is known for its flavouring and seasoning. But did you know that Paprika provides a variety of skin and beauty benefits too? We tried the Paprika anti-ageing facial at Sugar Beauty Lounge, MOE and realised that this organic treatment is perfect for mature, or problematic skin.



Located in a quiet corner of the bustling Mall of Emirates, Sugar Beauty Lounge is perfect for that rejuvenating treatment after a long day of shopping! The facial begins with gentle cleansing with an acai based cleanser followed by mild exfoliation with a strawberry rhubarb exfoliating scrub. Just when you feel all fresh and invigorated with your pores breathing, a spray of Neroli hydrating mist sets you in the mood. Next comes the AHA Fruit Pulp application followed by the Paprika Herbal Treatment. You are definitely not prepared for this the first time! The therapist warns you that your face will feel burn and feel hot and stinging for about 5 minutes or so and then warm for the rest of 5 minutes. This mask can be kept on for 5 to 8 minutes depending on how long you can tolerate the sensation. The magical ingredients of Paprika get working and you certainly feel the sting but well, what's a sting if you want beautiful skin? So, I grit my teeth and bear the burning sensation (it isn't so bad after the first 2 minutes!). The face turns a darker shade of red which is a bit worrying but the therapist reassures me saying it will

all be gone before I leave the Salon.

In the meantime, the therapist massages the arms and shoulders with a unique Hungarian massage technique that has her fingers tapping and flying all over the arms like a piano symphony and lulls you into a relaxed blissful state! (You almost forget the burning sensation). This traditional technique combines finger drumming and pressure in sweeping movements and helps soothe the skin and stimulate micro-circulation and lymphatic drainage as explained by the therapist. I loved this!

After the peel and paprika treatment were removed, a thick layer of stone crop mask was applied for 10 minutes and was kept moist to keep the products active. This felt cool and I could feel the burning sensation ebb and the skin returning to normalcy. Phew! This was followed by the application of a heavenly smelling pear and green apple soufflé that made the skin soft and dewy followed by some bamboo firming fluid and a gentle spray of stone crop hydrating mist to get you going for the day! The skin looked flushed and beautiful and dewy soft!

This is a great facial if you need long lasting results!



Paprika revitalises the skin, while the other active ingredients, including St. John's Wort, sage, lavender and honey, work to calm and restore the skin's appearance. This facial helps stimulate cell metabolism and encourages collagen production. Made from the raw whole fruits, and botanicals from the nutrient rich soils of Hungary, it gives your skin a dose of powerful nutrients and antioxidants that will leave your face protected and your lines noticeably smoother.

Paprika is packed with vitamins, iron, and beta-carotene, which prevent the occurrence of freckles and age spots. Beta-carotene, gets converted to vitamin A in the body and plays a crucial role in the maintenance of healthy skin. It prevents the occurrence of wrinkles and promotes a bright complexion. The amazing antibacterial properties of paprika make it effective for the treatment of skin problems caused by bacteria. Acne is one such problem.

For More Details visit: www.sugarbeautylounge.com